

BOWEL PREPARATION FOR SURGERY

♥ THE DAY BEFORE SURGERY: ENTIRE DAY starting from the AM

1. Clear liquid diet including Coffee, Tea, Water, Clear Juices, and Jell-O
2. Oral Fleet Phosphasoda: 1 ½ ounce in an 8 ounce glass of 7-UP or Gingerale at **8 am**.
Repeat the same dose at **4:00 pm**.
3. Erythromycin 1 g. and Neomycin 1 g. – Take these orally at **1:00 pm** and then again the same doses at **2:00 pm & 10:00 pm**

♥ THE DAY OF SURGERY: NOTHING TO EAT OR DRINK AFTER MIDNIGHT (NOT EVEN A SWALLOW OF WATER)

- 1 to 3 hours before surgery : use a Fleet Enema (Rectally)

♥ ITEMS YOU WILL NEED FROM THE PHARMACY:

1. Oral Fleet Phosphasoda - **3 oz.**
2. Erythromycin - **1 g. x 3 doses**
3. Neomycin - **1 g. x 3 doses**
4. Rectal - Fleet Enema - **1**

IF YOU HAVE ANY QUESTIONS PLEASE DO NOT HESITATE TO GIVE US A CALL. (949) 646-8444